

# [WEEKLY MENU] Week 1

Weeks Commencing: Mon 30th Aug - Mon 20th Sept - Mon 11th Oct - Mon 8th Nov - Mon 29th Nov - Mon 20th Dec



Main Dish of the Day

Vegetarian Dish of the Day

Vegetable Choice

Dessert of the Day

Jacket Potato Bar

Cold Selection

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Quorn Nuggets with BBQ Sauce (CE, G)	Chicken & Pesto Pizza (G, MK)	Roast Turkey, Stuffing & Roast Gravy (G)	Chilli Con Carne (CE, G)	Baked Battered Fish with Tomato Ketchup (F, G)
Vegetarian Dish of the Day	Roasted Root Vegetable Pasta Bake (CE, G, MK)	Veggie Supreme Pizza (G, MK)	Chickpea & Vegetable Loaf (CE, G, SO)	Vegetable Bean Chilli (CE, G)	Vegetarian Burger with Tomato Ketchup (G, SE)
Vegetable Choice	New Potatoes Sweetcorn Baked Beans	Seasoned Wedges (G) Green Beans & Sweetcorn	Baby Roast Potatoes Medley of Seasonal Vegetables	Steamed Rice (CE) Carrot & Broccoli	Chipped Potatoes Baked Beans Seasonal Vegetables
Dessert of the Day	Apple Fruits of the Forest Crumble & Custard (G, MK) Fresh Fruit Salad	Strawberry Mousse (MK) Fresh Fruit Salad	Fruit Jelly Fresh Fruit Salad	Sicilian Lemon Cake & Honey Greek Yoghurt (E, G, MK, SU) Fresh Fruit Salad	Winter Berry Cheesecake (E, G, MK, SO) Fresh Fruit Salad
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit	Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit	Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit	Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit	Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit



Hayes

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Allergens: CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds