

Year 6 residential PGL at Liddington - Wiltshire 9th – 13th October 2023

Miss Hughes – Deputy Headteacher

Please make sure you are on mute.

Please write any questions in to the chat box and I will endeavour to answer them.



Aims and benefits of the residential

Aims

- * Allow pupils opportunities to have a range of practical experiences in a countryside setting.
- * To discover, explore and have fun with friends.
- * To enable pupils to have an enjoyable and memorable experience.

Benefits

- * Personal - Opportunity to experience being away from home, practise personal organisation and co-operation skills as well as work with others in a variety of environments.
- * Development - Opportunity to have an experience which can broaden the mind and inspire future trips and educational choices.
- * Social – Spending time with friends before moving on to secondary school

PGL Liddington

Liddington PGL:

- * Near Swindon in Wiltshire.
- * PGL's most modern centre.
- * Hotel-style design and facilities.
- * 150 acres of beautiful grounds.
- * Landscaped lakes for water-based activities, a floodlit all-weather sports pitch and 11 full size football pitches!
- * Over 20 different activities.



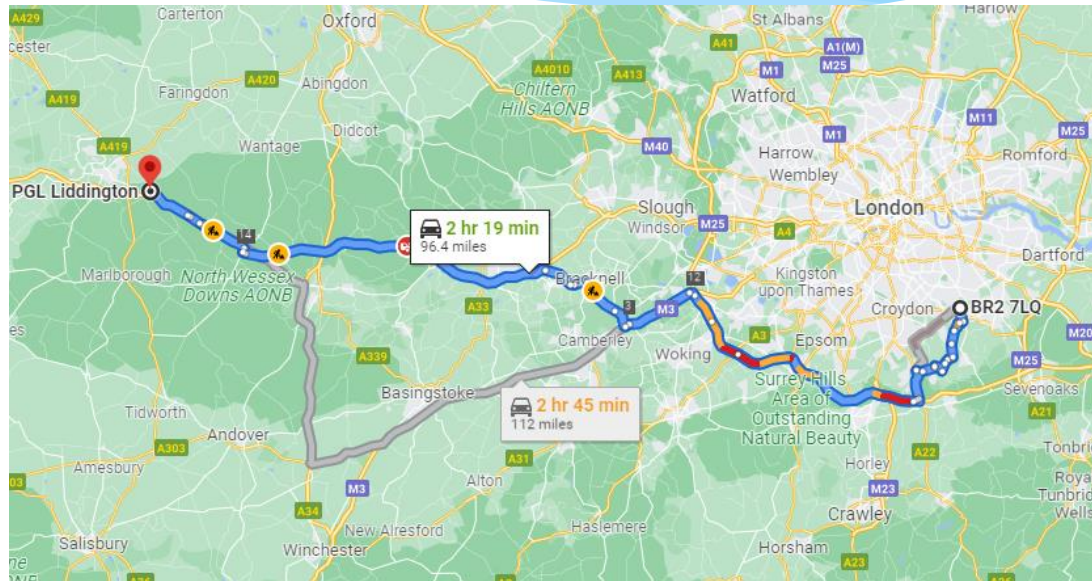
Journey to Liddington

We will travel in two coaches.

The journey time is approximately two and a half hours so we aim to get to the PGL site for a late lunch. We will eat our packed lunch when we arrive and have some free time until we check in to our rooms in the afternoon.

We will have a toilet stop en-route.

If your child gets travel sick, please make sure they have had a travel sickness tablet the morning we leave.



Itinerary

- * The children will be in day activity groups (approx 12 children in each group). The children will stay the same group for the week so that they do all of the activities. Each group will be led by a member of school staff and PGL instructors run the activities.
- * We will take part in 4 activities a day plus an evening activity so we will be really busy!
- * We will get our fixed itinerary nearer the time.
- * There will be an evening activity every night e.g. quiz, campfire, games.

Itinerary

- * The activities that could be taking part in are: raft building, blindfold trail, aeroball, orienteering, giant swing, archery, climbing, abseiling, trapeze, Jacobs ladder, challenge course.

Tuesday	1			Raft Building (RB1)	Aeroball (ARO1)	Trapeze (TR1)	Sensory Trail (ST1)
	2			Aeroball (ARO1)	Raft Building (RB1)	Sensory Trail (ST1)	Trapeze (TR1)
	3			Raft Building (RB2)	Aeroball (ARO2)	Trapeze (TR2)	Sensory Trail (ST2)
	4			Aeroball (ARO2)	Raft Building (RB2)	Sensory Trail (ST2)	Trapeze (TR2)
	5			Aeroball (ARO3)	Trapeze (TR1)	Raft Building (RB1)	Sensory Trail (ST3)
	6			Trapeze (TR1)	Aeroball (ARO3)	Sensory Trail (ST3)	Raft Building (RB1)

Itinerary

Aeroball

A cross between trampolining and volleyball! Use the bounce from the trampoline to stop your opponents scoring goals whilst trying to score some yourself. Not as easy as it sounds!



Itinerary

Jacobs Ladder

This giant size ladder may seem insurmountable, however with a little help from your friends you'll be amazed at how high you'll get. Anything goes – you can push each other up, pull each other up or stand on each others shoulders, just ask first! It's a great way to really get to know the rest of the group and use communication, teamwork and leadership skills together to have fun and scramble to the top of the ladder.



Itinerary

Raft Building

Build a raft that will float (and hopefully steer) using the barrels, ropes and wood provided. Once built you will need to test it out on the water – will you end up in the water or will you stay dry? It all depends on how well you and your team work together.



This takes place in the lake on the PGL site. For safety, all children are required to wear a buoyancy aid in the water provided by PGL.

Itinerary

Trapeze

Each stage of the trapeze is a challenge in itself. First there's the climb to the top of the 6 metre pole, then you have to get into kneeling position on the small platform at the top. From kneeling position you'll need every ounce of balance you can find to stand up and then finally make that leap for the trapeze. It's totally exhilarating and you'll feel an amazing sense of achievement when you succeed at each step.



Eating

PGL aim to offer a range of different and nutritious hot food to suit all appetites. There is unlimited access to the salad bar and bread basket and children can help themselves to fruit.

The buffet style restaurant means that children can 'mix and match' the items they love most. PGL leaders and Hayes staff will be on hand to help.

- * Breakfast – cereals, toast, fruit, cooked breakfast items.
- * Lunch – hot and cold options e.g. jacket potatoes, pizza, baguettes.
- * Dinner – hot meal with salad bar and dessert.

Eating

Allergies, intolerances and other dietary requirements are catered for. PGL can accommodate most special diets required on medical or religious grounds (please make sure all of these is detailed on your child's medical form).

Keeping hydrated – water is available with all meals and children are encouraged to refill their water bottles for regular use throughout the day. There are water fountains available around the centre.

Sample menus available online:
www.pgl.co.uk/menus



Bedrooms

- * All the rooms are en-suite and sleep between four to eight children.
- * Adult rooms are interspersed between the children's rooms.
- * The children will write down names of friends who they would like to share a room with. We will make sure they are sharing a room with at least one of these children.
- * We will tell the children their rooms when they get to PGL.

Safety and security

- The safety and security of the trip for the children is our number one priority.
- Children are given a safety briefing before the trip so they know how to keep safe.
- A PGL staff member is available on duty throughout the night.
- The site is secure.
- Liddington and its activities are risk assessed every year.
- PGL instructors are specifically trained for their programmes.

Payment

The cost of the trip is approximately £412.

To guarantee your child a place, we require a deposit of £60 payable by **Monday 7th November**. Payments can only be made by ParentPay (we are unable to accept cheques or cash). Please select: "PGL Liddington 9-13 October 2023." Paying the deposit on ParentPay automatically acts as permission for your child to take part in this trip.

Instalments are required to be paid by the following dates:

Deposit	£60	Monday 7 th November 2022
First Payment	£70	Friday 9 th December 2022
Second Payment	£282 (tbc)	Friday 7 th July 2023



Cancellation charges

The cancellation of your child's place will be subject to the following charges:

- * Cancelling more than 56 days before departure = Loss of deposit and first payment.
- * Cancelling 56-29 days before departure = Loss of 60% of the total trip cost.
- * Cancelling 28-15 days before departure = Loss of 80% of the total trip cost.
- * Cancelling 14 days or fewer before departure date or afterwards = Loss of 100% of the total trip cost.



Questions

- * If the children have any questions, they can speak to their class teachers.
- * If you have any questions, please feel free to contact your child's class teacher or me via the school office.

<https://www.pgl.co.uk/en-gb/school-trips/resources/parent-guide/about>

Kit list

- * **Packed lunch and drinks** for the first day in a day small bag/rucksack.
- * Towel
- * Refillable water bottle
- * Disco clothes
- * Wash bag
- * Pyjamas
- * Several of long sleeved and short sleeved tops/t-shirts
- * Several pairs of light weight (jogging bottoms, leggings).
- * Several jumpers and warm layers.
- * Clothes that can get dirty/wet
- * Suncream and sunglasses
- * Sun hat
- * Spare bag for dirty clothes
- * Underwear including several pairs of socks.
- * Winter waterproof coat
- * A minimum of two pairs of trainers/comfy shoes (one pair may get very wet)
- * One pair of indoor shoes e.g. slippers
- * Torch (optional)
- * Disposable camera (optional)
- * No electronics please.
- * No aerosols, sweets or other food please apart from Monday's packed lunch.

Please ensure that every item is named so that we can return it to the right owner.

Code of conduct

- * You and your child will have signed the code of conduct for the trip.
- * For everyone to have an enjoyable time, it is important that the children understand and adhere to the code of conduct.

Adults	Pupils
<p>All adults involved in the visit will:</p> <ul style="list-style-type: none">• Do their best to keep everyone healthy and safe. <p>Teachers will:</p> <ul style="list-style-type: none">• Act as any reasonable parent would in the same circumstances.	<p>Pupils will:</p> <ul style="list-style-type: none">• Follow the instructions and listen to the adults looking after them including adults from school and adults that work at the PGL centre.• Behave sensibly and responsibly at all times.• Be kind and considerate towards other people in our school group, staff at PGL and members of the public.• Respect Liddington and its grounds.• Look out for anything that might hurt or threaten themselves or anyone in the group and tell an adult about it.• Respect others' privacy when in the bedrooms/bathrooms.• Use cameras appropriately and respect other people's privacy when using them.

Code of conduct

In the unlikely event that a pupil's behaviour is considered to be dangerous or unacceptable to themselves and/or others, the teachers on the trip will decide on the appropriate course of action.

The child may:

- * Be moved from their group.
- * Be required to sit in a specific seat on the coach.
- * Miss out on certain activities.
- * Be excluded from future trips.
- * Be sent home early and excluded from future trips.
- * Be moved bedroom.