

Hayes Primary School

Parent Workshop

Delivered by the School Wellbeing Service

Wednesday January 25th

9am - 10.30am, Small Hall

Supporting parents of children in years 4-6 to:

- Understand more about anxiety in children
- Consider strategies for that that can help to manage fears and worries, and build confidence
- Explore more individual questions with the team if needed

www.bromleywellbeingcyp.org