

# SEND & SEMH Newsletter

Resources, articles and tips!

via clickable links

## Supporting a child with anxiety

1. Information to help you understand anxiety more clearly and how to begin to address it.



## Why Language Matters

2. A useful blog from the NSPCC that discusses 'In need of attention, not 'attention seeking'



## Reading and ADHD

3. 5 Top Tips



## DID YOU KNOW...

People with ADHD don't have trouble paying attention, they have trouble paying attention to the right thing.

This is a work in progress, and we want it to be useful for YOU so please tell us what you want to see. Mrs Adams, Mrs Mead and Mrs Griffin