

SEND & SEMH

Newsletter 25/26

Resources, articles and tips!

via clickable links



Podcast: An 8-Year-Old Asks:

Autism Conversations with My Mum

• A window into a multiply neurodivergent family committed to kindness, compassion, curiosity, and building a life that works for each of them.

2. Video - The hand model of the brain

• Using Dan Siegel's hand model of the brain. It is a metaphor to help explain what might be happening in our brains when distressed, as discussed at Mrs Griffin's emotion coaching training.



3. Resource - Children and Young

People well being resources

An engaging Instagram account from a counsellor and psychotherapist sharing really useful resources.



DID YOU KNOW...

executive function refers to the brain skills that help a child plan, organise, remember, start tasks, manage emotions, stay focused and adapt when things change.

All feedback is welcome as we want it to be useful for YOU so please tell us what you want to see. Mrs Larkman, Mrs Mead and Mrs Griffin