






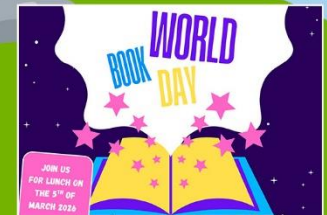
WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 	Chicken Curry S	Beef Burger (SE*, SO, SU, G/W)	Roast Chicken & Gravy	Chicken Kebab with Pitta (G/W)	Fish Fingers & Chips (F, G/W)
VEGGIE 	Sweet Potato, Chickpea & Coconut Curry (CE, G/B, O, R, W) V S	Vegetable Burger (SE*, G/W) V	Roasted Root Vegetable Pie with Gravy (CE, G/W) V S	Vegetable Kebab with Pitta (G/W) V	Vegan Nuggets & Chips (G/W) V
SIDES 	Rice & Peas with Green Beans (CE) V	Homemade Potato Wedges & Green Salad V	Rustic Roast Potatoes with Roasted Carrots & Parsnips V S	Mixed Green Salad & Sweetcorn V	Baked Beans & Peas V
PASTA & JACKET 	Vegan Roasted Vegetable Pasta (G/W) V	Jacket Potato & Salad	Tomato & Basil Pasta (CE, G/W) V	Jacket Potato & Salad	Mac & Cheese (MK, G/W)
PUD 	Banana Cake & Custard (E, MK, SO*, G/W)	Homemade Chocolate Cookie (E, MK, SO*, G/W)	Apple Crumble & Custard (MK, G/W)	Fruit Jelly V	Ice Cream (MK)
DAILY SALAD BAR HOMEMADE BREAD FRESH FRUIT					

THEME DAYS



DATES

05 JAN / 26 JAN
23 FEB / 16 MAR /

ALLERGENS






CE = CELERY F = FISH G/O = OATS L = LUPIN MU = MUSTARD SO = SOYA * = MAY CONTAIN
CR = CRUSTACEAN G = GLUTEN G/R = RYE MK = MILK N = NUTS SU = SULPHUR V = VEGAN
E = EGGS G/B = BARLEY G/W = WHEAT MO = MOLLUSCS P = PEANUTS SE = SESAME SEEDS S = SEASONAL VEG



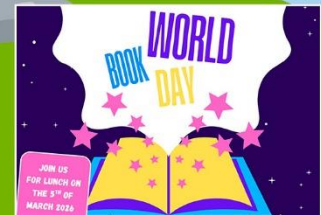
WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 	Creamy Chicken Pesto Pasta (MK, G/W)	Mexican Chicken	Butcher's Sausage with Mashed Potato & Gravy (MK, SO, SU, G/W)	Butter Chicken Curry (G/B*, O*, R*, W*)	Battered Fish & Chips (F, G/B*, W)
VEGGIE 	Vegetable & Lentil Spaghetti Bolognese (G/B*, W) V S	Mexican Quorn & Veggies (CE, E, MU, G/B, O*, R*, W*)	Veggie Sausage with Mashed Potato & Gravy (MK, G/W)	Chickpea & Vegetable Masala (CE, MK, MU*, G/B*, O*, R*, W) S	Margherita Pizza & Chips (MK, G/W)
SIDES 	Mixed Green Salad & Coleslaw (E) V S	Steamed Rice & Green Beans V	Roasted Carrots & Parsnips V S	Steamed Rice & Green Beans V	Beans or Peas V
PASTA & JACKET 	Vegan Roasted Vegetable Pasta (G/W) V	Jacket Potato & Salad	Tomato & Basil Pasta (CE, G/W) V	Jacket Potato & Salad	Mac & Cheese (MK, G/W)
PUD 	Homemade Chocolate Cookie (E, MK, SO*, G/W)	Iced Vanilla Sponge (E, MK, SO*, G/W)	Chocolate & Orange Brownie (E, MK, SO, G/B, W)	Yoghurt (MK)	Cinnamon Swirl (G/W) V
DAILY SALAD BAR HOMEMADE BREAD FRESH FRUIT					

THEME DAYS



DATES

12 JAN / 02 FEB
02 MAR / 23 MAR /






ALLERGENS

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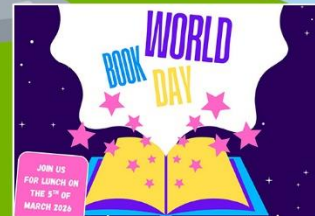
WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 	BBQ Glazed Chicken Wrap (G/W)	Beef & Lentil Bolognese Pasta Bake (MK, G/B*, W*) S	Chicken Pie with Gravy (MK, G/B, W)	Pepperoni Pizza (CE*, E*, MK, MU*, SO*, G/W)	Battered Fish & Chips (F, G/B*, W)
VEGGIE 	BBQ Glazed Quorn Wrap & Wedges (E, G/W)	Mac & Cheese (MK, G/W)	Roasted Root Vegetable Pie with Gravy (CE, G/W) V S	Cheese & Tomato Pizza (MK, G/W)	Veggie Sausage Roll & Chips (MK*, SO, G/B*, O*, W)
SIDES 	Mixed Green Salad & Coleslaw (E)	Broccoli & Sweetcorn V	Rustic Roast Potatoes with Roasted Carrots & Parsnips V S	Homemade Potato Wedges & Green Salad V	Beans or Peas V
PASTA & JACKET 	Vegan Roasted Vegetable Pasta (G/W) V	Jacket Potato & Salad	Tomato & Basil Pasta (CE, G/W) V	Jacket Potato & Salad	Mac & Cheese (MK, G/W)
PUD 	Sprinkle Sponge Cake & Custard (E, MK, SO*, G/W)	Fruit Jelly V	Lemon Drizzle Cake (E, MK, SO*, SU, G/W)	Yoghurt (MK)	Vanilla & Raisin Shortbread Biscuit (G/W) V
DAILY SALAD BAR HOMEMADE BREAD FRESH FRUIT					

THEME DAYS



DATES

19 JAN / 09 FEB
09 MAR /

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