

Hayes - Vegan

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



MONDAY

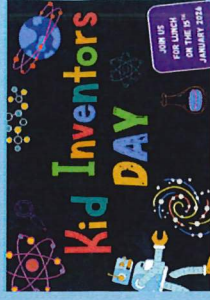
TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS



MAIN



Sweet Potato, Chickpea & Coconut Curry (CE, G/B, O, R, W)

Vegetable Burger (SE*, G/W)

Roasted Root Vegetable Pie & Gravy (CE, G/W)

Vegetable Kebab with Pitta (G/W)

Vegan Nuggets & Chips (G/W)

SIDES



Rice & Peas with Green Beans (CE)

Homemade Potato Wedges & Green Salad

Rustic Roast Potatoes with Roasted Carrots & Parsnips

Mixed Green Salad & Sweetcorn

Beans or Peas

PASTA & JACKET



Vegan Roasted Vegetable Pasta (G/W)

Jacket Potato & Salad

Tomato & Basil Pasta (CE, G/W)

Jacket Potato & Salad

DF Mac & Cheese (G/W)

PUD



AA Vanilla Cake

Chocolate Shortbread Biscuit (G/W)

Apple Crumble (G/W)

Fruit Jelly

Fruit Jelly

Daily Salad Bar! Fresh Fruit

DATES

5 JAN / 26 JAN / 23
FEB / 16 MAR

ALLERGENS

CE = CELERY
CR = CRUSTACEAN
E = EGGS
F = FISH
G = GLUTEN
G/B = BARLEY
G/O = OATS
G/R = RYE
G/W = WHEAT
L = LUPIN
MK = MILK
MO = MOLLUSCS
MU = MUSTARD
N = NUTS
P = PEANUTS
SE = SESAME SEEDS
SO = SOYA
SU = SULPHUR
* = MAY CONTAIN
V = VEGAN
S = SEASONAL VEG

Olivel
D I N I N G
food with passion

Hayes - Vegan

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

Vegetable & Lentil
Spaghetti Bolognese
(G/B*, W)

Mexican Bean Casserole
& Veggies

Jacket Potato with Baked
Beans & DF Cheese

AA Vegetable Curry

DF Margherita Pizza &
Chips
(G/W)



MAIN

Mixed Green Salad

Steamed Rice & Green
Beans

Roasted Carrots & Parsnips

Steamed Rice & Green
Beans

Beans or Peas



SIDES

Vegan Roasted
Vegetable Pasta
(G/W)

Jacket Potato & Salad

Tomato & Basil
Pasta
(CE, G/W)

Jacket Potato & Salad

DF Mac & Cheese
(G/W)



PASTA &
JACKET

Chocolate Shortbread
(G/W)

AA Vanilla Cake

AA Chocolate Cake

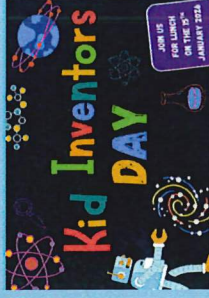
Fresh Fruit

Cinnamon Swirl
(G/W)



PUD

Daily Salad Bar | Fresh Fruit



DATES

12 JAN / 2 FEB / 2
MAR / 23 MAR

CE = CELERY
CR = CRUSTACEAN
E = EGGS

G/O = OATS
G/R = RYE
G/W = WHEAT

F = FISH
G = GLUTEN
G/B = BARLEY

L = LUPIN
MK = MILK
MO = MOLLUSCS

MU = MUSTARD
N = NUTS
P = PEANUTS

SO = SOYA
SU = SULPHUR
SE = SESAME SEEDS

* = MAY CONTAIN
V = VEGAN
S = SEASONAL VEG

ALLERGENS

Olive
LITTLE
food with passion

Hayes - Vegan

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

Roasted Vegetable Ragu & Wedges

DF Mac & Cheese (G/O, W)

Roasted Root Vegetable Pie & Gravy (CE, G/W)

DF Cheese & Tomato Pizza (G/W)

Jacket Potato with Baked Beans & DF Cheese



MAIN

Mixed Green Salad

Broccoli & Sweetcorn

Rustic Roast Potatoes with Roasted Carrots & Parsnips

Homemade Potato Wedges & Green Salad

Beans or Peas



SIDES

Vegan Roasted Vegetable Pasta (G/W)

Jacket Potato & Salad

Tomato & Basil Pasta (CE, G/W)

Jacket Potato & Salad

DF Mac & Cheese (G/W)



PASTA & JACKET

AA Vanilla Cake

Fruit Jelly

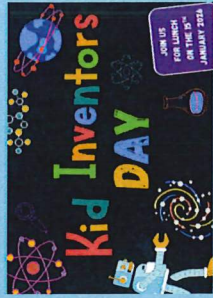
AA Lemon Cake

Fresh Fruit

Vanilla & Raisin Shortbread Biscuit (G/W)



PUD



DATES

19 JAN / 9 FEB /
9 MAR

ALLERGENS

CE = CELERY F = FISH G/O = OATS L = LUPIN MU = MUSTARD SO = SOYA
 CR = CRUSTACEAN G = GLUTEN G/R = RYE MK = MILK N = NUTS SU = SULPHUR V = VEGAN
 E = EGGS G/B = BARLEY G/W = WHEAT MO = MOLLUSCS P = PEANUTS SE = SESAME SEEDS S = SEASONAL VEG

* = MAY CONTAIN

V = VEGAN S = SEASONAL VEG

