



























Phonics Actions

	a	<p>Pretend to be holding a large apple in your hand.</p> <p>Take a huge bite out of the apple, opening your mouth as wide as you can as you say:</p> <p>a a apple</p>
	b	<p>Pretend to be pulling up the long zip on the left boot as you say:</p> <p>b b boot</p>
	c	<p>Pretend to be stroking the caterpillar's back with the first finger on your right hand as you say:</p> <p>c c caterpillar</p>
	d	<p>Stretch your left arm up, as though it is the long neck of the dinosaur.</p> <p>Make your fingers 'eat' some leaves at the top of a tree as you say:</p> <p>d d dinosaur</p>
	e	<p>Pretend to be eating a boiled egg. Let the spoon rest on your tongue as you say:</p> <p>e e egg</p>

	<p>f</p>	<p>‘Draw’ the flower in an ‘f’ shape in the air. Start at the top at the flower and then go over and down the stalk, and then go across for the leaves as you say: f f flower</p>
	<p>g</p>	<p>Using your right hand, pretend that you are brushing your long hair on the left side of your face, going under like the tail of the ‘g’ as you say: g g girl</p>
	<p>h</p>	<p>Turn to your left and pretend to take the reins of a horse as you say: h h horse</p>
	<p>i</p>	<p>Use your forefinger to ‘sting’ your arm as you say: i i insect</p>
	<p>j</p>	<p>Pretend to be holding a jack-in-the-box – make one hand into a fist, and put the other hand on top to make a lid. Jump the lid up and down, as you say: j j jack-in-the-box</p>
	<p>k</p>	<p>Turn to the left, kick your leg out as you say: k k kangaroo</p>

	l	Use your first two fingers as 'walking legs' as you say: l l legs
	m	'Draw' down Maisie and over the two mountains in the air with a finger, as you say: m m mountains
	n	Bend your two hands into an arch like Neil's net, as you say: n n net
	o	Pucker your lips and make a circular movement round them with your finger as you say: o o orange
	p	Put your right hand to the side of your head as you say: p p pirate
	q/qu	Make a crown shape on your head with your fingers as you say: qu qu queen
	r	Turn to the left, hold your arms out high in front of you as you say: r r robot

	s	Pretend that your arm is a wriggling snake as you say: s s snake
	t	Hold your arms out wide into a 'balcony' as you say: t t tower
	u	Pretend to be pushing up an umbrella in the air as you say: u u umbrella
	v	Put your arms up into a 'v' shape and flap to make 'wings' as you say: v v vulture
	w	Wiggle your forefinger as you say: w w worm
	x	cross arms in front of you in an x shape and say the sound: x, x, x (as at the end of box)
	y	Make 'horns' with your hands as you say: y y yak
	z	'Draw' the zigzag zip in the air as you say: z z zip