

NO TECH 4 BRECK

THANK YOU FOR SUPPORTING THE BRECK FOUNDATION



The Breck Foundation has been set up to **help young people** enjoy and explore their online world safely. Through education and **awareness** we share simple rules to empower and **protect** children, supporting them to make **wiser choices** about their interaction with others online.

No Tech 4 Breck is the perfect opportunity to engage with real life activities and relationships, reminding us of the difference between our **real life** friends and the people we meet online, who may not always be who they say they are.

Put the technology away for the day and raise awareness, funds and enjoy **Cyber Balance!** Participate as a school, a class, family, a team at work or even just yourselves!

CHOOSE A DAY TO PUT YOUR TECHNOLOGY AWAY FOR A WHOLE 24 HOURS!

We hope you will enjoy your tech-free challenge and that it will remind you to always follow the rules to stay safe and [#playvirtuallivereal](#)

#PLAYVIRTUAL
LIVEREAL

Be Aware
Report
Educate
Communicate
Keep Safe

STRANGERS COME WITH DANGERS
THINK BEFORE YOU CLICK!

Please show your support for

by sponsoring him/her/them to raise money by

..... for The Breck Foundation.

Name of Company/Club/Group (if applicable)

Address

Postcode Telephone

Email



