



Thursday 29th August 2019

Dear Parents/Carers,

Re: Young Carers

Last academic year, we started a Young Carers group at Hayes Primary School which was a great success. It was a chance for our Young Carers to get to know each other and for them to be supported, recognised and celebrated.

A Young Carer is someone under 18 who helps to look after someone in their family, or a friend, with an illness, mental health condition, disability or an issue with substance misuse. They may do extra jobs in and around the home, such as cooking, cleaning or helping someone get dressed and move around. They may give a lot of physical help to a brother or sister who has a high level of additional need as well as giving them and their parents emotional support.

Please could you let us know if you would be interested in your child(ren) being part of this group. The activities will allow the children to develop relationships with each other and to celebrate their value as Young Carers. This may enable them to share their experiences or just to have some fun and time out for themselves. If you have any further questions about this, please feel free to get in touch with us to discuss them.

We are all looking forward to continuing with this group this year.

Many thanks,
Mrs East, Miss Wilcox and Miss Everett

FAO: Mrs East
Re: Young Carers

My child, _____, would like to be part of our Young Carers group.

Signed: _____ Date: _____