



24 September 2019

**Hayes Primary School**  
George Lane  
Bromley  
Kent  
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Dear Parent/Carers

### Managing Fears and Worries in Your Child Workshop

We would like to invite you to a parent workshop on 'Managing Fears and Worries in Your Child' which is being held at Hayes Primary School on Thursday 17 October 2019. There will be 2 workshops on this date to hopefully accommodate as many parents/carers as possible from 2:00pm to 3:30pm or 6:00pm to 7:30pm.

This interactive workshop, hosted by Bromley Y's School Wellbeing Service, will focus on enhancing your understanding of emotional wellbeing and consider ways parents can support their children to manage their emotional health and build confidence. We hope that you will find it both interesting and useful as you approach this time of change with your child.

If you would like to attend this workshop for parents/carers, please return the reply slip below showing which time you would like to attend as soon as possible to the school office to secure your place.

We look forward to seeing you.

Yours sincerely

Mrs East  
Family Liaison Lead

✂ .....

Name of child..... Class .....

I would like to attend the Managing Fears and Worries in Your Child Workshop at **2.00pm** on 17 October 2019

I would like to attend the Managing Fears and Worries in Your Child Workshop at **6.00pm** on 17 October 2019

Signed .....Date .....

**A Spring Partnership Trust School** | Registered office: George Lane | Bromley | Kent BR2 7LQ

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