



December 4<sup>th</sup>, 2019

Dear Parents/Carers,

## Re: You Are Awesome

We have noticed recently that some of the children in Year 6 are struggling with self-confidence and are worrying about different things, including the tests at the end of the year. Although we put an emphasis on the children's education, we obviously care most about how they are feeling and want to make sure they grow up being confident individuals.

In order to combat this and boost their self-confidence, we are going to be doing a weekly 'You Are Awesome' lesson based on the book by Matthew Syed.

We are asking that all children bring in a copy of the 'You Are Awesome Journal' (**not** the book) which we will work through together in class. These are available to purchase on Amazon and are currently £3.70. The link is below:

[https://www.amazon.co.uk/s?k=you+are+awesome+journal&crd=1OHI6LA28ROMD&sprefix=you+are+awesome+jou%2Caps%2C224&ref=nb\\_sb\\_ss\\_i\\_1\\_19](https://www.amazon.co.uk/s?k=you+are+awesome+journal&crd=1OHI6LA28ROMD&sprefix=you+are+awesome+jou%2Caps%2C224&ref=nb_sb_ss_i_1_19)

Children should bring their You Are Awesome Journals into school the first week back after the Christmas break (week beginning 06.01.20) ready to use the following week. If you are unable to purchase a copy of the journal, please let us know.

We hope this will support the children and allow them to flourish even more during their time in Year 6.

Yours sincerely,

## The Year 6 Team

Miss Wilcox, Mrs Moreton, Mr Sieber and Miss Thornley