

Bromley Primary Schools' Cross-Country Association

www.bpscca.co.uk

Dear Parents and Carers

Your child is invited to enter in the next inter-schools cross country match at Crystal Palace on Saturday 7 March 2020. We are looking for a minimum of 5 children per race in order to enter a team.

Competition details as follows:

<u>Competitors</u>	<u>Start Time</u>	<u>Distance</u>	<u>Awards</u>
Year 3 Girls	9.20a.m.	1700 metres	Team trophy/5 individual medals
Year 3 Boys	9.40a.m.	1700 metres	Team trophy/5 individual medals
Year 4 Girls	10.00a.m.	1700 metres	Team trophy/5 individual medals
Year 4 Boys	10.25a.m.	1700 metres	Team trophy/5 individual medals

The Course: the course is mainly parkland, woodland and pathway. NO SPIKES ARE ALLOWED. Football boots are not recommended due to the slippery nature of pathways. Should there be any new work on site between now and the meeting date the course may be re-routed to accommodate this and with safety in mind. This is not expected.

Marshals: All large and medium sized schools are expected to provide a minimum of two persons to help marshal the course during the races. Please let me know if you are able to be a marshal (that is, to stand by the track to cheer the children on). The marshals should meet at 8.30 am by the front of the announcing desk. **The meeting will not go ahead if marshals are not forthcoming, on the grounds of competitor safety.**

Competitors: Children should come changed and remove tracksuits a few minutes before their race. Team managers should tell children where to collect their warm clothing after competing. Please meet up on the Upper Terraces above the car park. *Asthma sufferers* should carry their inhaler with them at all times including during the race.

Parents or Person in Charge: for safety reasons please could parents or people in charge of taking children home from the event, inform a teacher before they go.

Spectators: spectators should stay behind the roped and taped areas at all times. Team helpers may have limited access to the inner arena. Any adult found to be running with or pacing competitors will result in that competitor being disqualified. The 'official hares' are expected to run from the front.

Car Parking: parking at Crystal Palace Park will be very difficult on 7 March. Parents are strongly advised not to travel by car. The event is hugely popular and we encourage parents to travel by public transport wherever possible. If parents are bringing cars we would encourage to car share where they can park in the roads surrounding Crystal Palace Park. Traffic does build up around the area. **It is imperative that parents set off for**

the event early as traffic in the area is always busy on a Saturday but more particularly when there is a big sports meeting in the park.

N.B.:

The morning is for enjoyment first, competition second.
Please encourage all competitors!
The races will be run in all weathers except fog, ice, storm or flood!
Refreshments will be available from 'Eat Fresh Catering'.
S.E. Medical will be in attendance.
The event is supported by Francis Chappell and Sons and Blackheath and Bromley Harriers.

I hope that you and your children will be able to attend and look forward to a good competition. Please complete and return the slip to Mrs Swift, via quick drop box, school office by Thursday 13 February.

Yours sincerely,

Mrs Swift
PE and Sport Leader
Hayes primary School

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Bromley School's Cross Country Match Primary: Please return to Mrs Swift, Via Quick Drop Box, School Office by Thursday 13 February.

My child class

will be able to take part in the Inter Schools Cross Country Match at Crystal Palace on Saturday 7 March 2020

I will/ will not be able to marshal the race (please delete as necessary).

Contact details on the day

Signed