Dear Parents/Carers,

In light of the current situation and with us unable to run classes within schools we have decided to create Munchkin Sports Live. We are going to help keep all the children active whilst under lockdown at home. This is going to be free to access.

The videos will be accessible through YouTube and we are going to include the following:-

Dance / Morning wakeup Gymnastics Trampoline Bootcamp PPA Sport objectives for KS1 and KS2 Yoga Child and Parent exercises Early Years teddy bear exercises Early years story time.

If you want your children to stay active during this time we are here to help!!

The link <a href="https://www.youtube.com/channel/UCuzWmfQra7DeDnbx3YyMCWQ">https://www.youtube.com/channel/UCuzWmfQra7DeDnbx3YyMCWQ</a>

We hope to be back out there soon, stay healthy!

Kind Regards,

**Munchkin Sports** 

