

Dear Parents and Carers

I want to personally thank all parents and carers across The Spring Partnership Trust family of schools for listening to the government's request to keep your children at home unless you are critical workers with no other option. I want you to know that in doing this, you have helped us provide a vital service to those children and critical workers who really do need their teachers most.

Our schools will continue to offer you whatever they are able in the coming weeks, so do look out for updates as the situation develops. I would also ask you to be mindful that, like everybody else, we have members of staff absent from work through illness or working from home following government advice. This may mean our response times to individual requests and communications will be affected and we ask for your patience and understanding about this.

Finally, please make sure your children are accessing the wide variety of learning resources we have made available to you so they remain as engaged and active as possible during their time away from school.

With warmest wishes

Jo Brinkley

CEO The Spring Partnership Trust

Thank you to our staff!

Our staff on site have been coming up with some great activities for the small number of pupils who attended our schools this week.

At St Mary Cray Primary Academy, the team made rainbows with children to share a message of hope



Children at Leesons Primary School have been outside gardening



COVID symptom Tracker

If you get an opportunity, please do your bit for medicine and download this symptom tracker app. It has been designed to give scientists as much information as possible about who is affected around the country and how the disease might affect people differently.



Parents and Children staying well

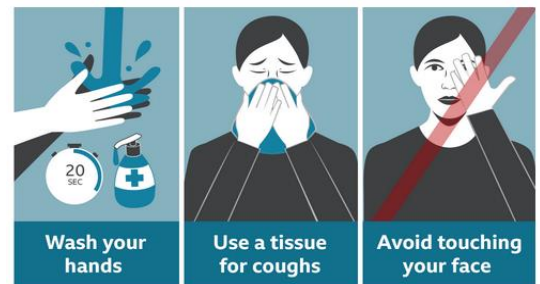
There is some helpful, clear and accurate information available to help us know how to respond to keep ourselves and others safe over the coming weeks, and to also take care of our wellbeing in this unfamiliar situation. I have shared a link below and an image of a help-sheet from the World Health Organisation that I hope you will find useful.

We have also set up a new email address for pupils, parents and carers to use if you have any concerns about emotional health, wellbeing or safeguarding matters (wellbeing@springpartnership.co.uk)

<https://www.mind.org.uk/information-support/coronavirus-and-your-wellbeing/>



Please remember the following points:-



Watch out for scams

We have heard from the DfE that fraudsters are targeting parents of children eligible for free school meals. Families have received an email requesting their bank details, claiming that this information must be provided to enable their children to receive meals. If you receive an email like this please delete it immediately.

Information for chronic asthma sufferers

Asthma UK have published the following advice if you, or your child, are taking these medications for asthma:

- Any biologic therapy, also called a mAb
- Steroid tablets or liquid every day
- Antibiotic tablets or liquid for asthma every week (e.g. azithromycin)
- Tiotropium
- A combination inhaler that also contains a long-acting bronchodilator (e.g. Seretide, Fostair, Symbicort) at a high daily steroid dose
- An inhaler with a high daily steroid dose AND you are taking Montelukast

Or, if:

- You have been admitted to hospital for your asthma in the last 12 months
- You have ever been admitted to an intensive care unit for your asthma

Then you should follow the shielding advice which is set out in very helpful detail here

<https://www.asthma.org.uk/coronavirus>, including how to register for extra services from the government.

Last but not least....

For all you dog owners and lovers

