

A BIG HELLO

FROM MISS NEWMAN

I hope you all had a lovely Easter break. I thought it might feel a bit strange or even difficult for some of you to start back on the home learning after two weeks of not having to do any so I hope that this letter might help in some way with those feelings.

Miss Newman's top tips for home learning:

1. **Don't stress or worry about the work!** This is by far the most important piece of advice that I can give you. Each activity can be completed in your own time and it's okay to struggle with a task or even not know how to complete it.
2. **Don't let your adult at home stress about your work.** Some of you may be fortunate enough to have an adult at home who can work with you on the tasks and others of you will have to have a go at it on your own. Either way, it's important that these tasks don't become a worry for anyone in your house.
3. **Look up the answers if you're stuck on anything.** Sometimes the best way to learn something is to find out the answer, and then work backwards to discover why that was the answer. At any point during the work, you can use the internet, an adult at home or email me if there are things that you don't understand and would like help with.
4. **Balance your time between doing a bit of work and something fun.** It's okay to stop your work in the middle of it and take a break.
5. **It's okay not to feel okay!** This can be a very confusing time for children and adults. Your mental wellbeing is the most important thing to me and your families so remember to focus on things that make you feel settled and talk about any worries that you may have.

The reason that your teachers and parents are asking you to do some work is because we care for you and know that it's good to keep your brains ticking over during this time. However, you should try to see any work as a bit of a fun challenge and not put any pressure on yourself.

Weekly brain teaser: Which is heavier, a pound of feathers or a pound of rocks?

Don't forget to email your guess to the year 5 account year5shared@hayes-pri.bromley.sch.uk and I'll reveal the answer in next week's letter!

Last week's answer: 16!

Stay safe and keep smiling 😊