



22<sup>nd</sup> June 2020

Dear Parents/Carers,

## Re: Hay Fever and Sunny Weather

The weather forecast this week is for high temperatures. We will take the children outside for some of their lunch time and break times but may need to bring them indoors if it is too hot.

For the times we are outside, please make sure you apply long-lasting, high factor sunscreen, especially to their face and neck. If your child brings sunscreen in to school, they will need to apply it themselves. Please also provide a sunhat that protects their head, face and neck. Please also make sure your child continues to bring in their own water bottle every day.

If your child suffers from Hay Fever, could you please ensure that antihistamine medication is given to your child before coming into school in the morning. This will ensure your child is protected, will prevent symptoms from developing, and they will therefore be able to focus and concentrate in class.

Many thanks for your cooperation.

Yours sincerely

Mr Vitarana  
Head Teacher