

Relationships...can be hard. Does it feel like your family has become a little... 'disconnected'?

Communication...it's good to talk. Does it feel like no-one at home listens to you?

Boundaries...are you in charge? Who rules the roost in your home?

Then why not join one of our fantastic 'bite- sized' online parenting sessions!

Interested?...Simply email parenting.courses@bromley.gov.uk or telephone 020 8461 7259 to book on to a session and to find out more information!