



Protecting and improving the nation's health

26 May 2021

Dear Parent / Guardian,

There have been recent cases in Bromley of the new variant coronavirus strain, first identified in India. Fortunately, these cases are only in a small number of schools so far and appropriate measures are in place to help stem the spread, but we would ask all parents / families to be mindful of the current advice regarding COVID-19 symptoms and isolation guidelines in order to keep your school community safe.

## Children with a fever

All children with a raised temperature are strongly encouraged to have a PCR COVID test.

To book your test visit: https://www.gov.uk/get-coronavirus-test

In addition, any child, or household member should have a PCR COVID test if they develop any of the following:

- · A new continuous cough or
- · A raised temperature or
- A change in their normal sense of taste or smell

## Whilst waiting for the PCR test result:

- Your child / family member should stay self-isolating at home
- All other household members must also self-isolate whilst the result is awaited

## If the PCR test is COVID-19 positive:

- Your child / family member must stay self-isolating at home until 10 days after the onset of symptoms
- Complete the information required by the NHS Test and Trace system
- All household members must also self-isolate
- If any household member develops symptoms, they should re-start their isolation date from the onset of their symptoms

## If the PCR test is COVID-19 negative:

- Your child / family member can stop self-isolation and return to normal activities once well
- The rest of the household can also stop isolating, unless someone develops new symptoms.

For more information for households with a case of Covid-19 please see: <a href="https://www.gov.uk/government/publications/guidance-for-contacts-of-people-with-possible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person/guidance-for-contacts-of-people-with-possible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person">https://www.gov.uk/government/publications/guidance-for-confirmed-coronavirus-covid-19-infection-with-possible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person</a>

If you / your family require support during self-isolation, and If you are a resident of Bromley please see 'Supporting our residents' on the Council's website at <a href="www.bromley.gov.uk/covid19">www.bromley.gov.uk/covid19</a> or if a resident in another borough, please check your borough's website.

For anyone in the family who is eligible for a COVID vaccination, over 36, a carer or with a health condition that would make them more vulnerable, Public Health Bromley and Public Health England strongly recommend you complete your two-dose vaccination course when you are called by your surgery or book online.

Further information on vaccinations and eligibility can be found here:

https://www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/book-coronavirus-vaccination/

Thank you for your help

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