

December 2021 Edition

- **f** Facebook
- Website
- Twitter

LATEST NEWS

BPV November Coffee Morning Update

Thanks to a generous donation from the National Lottery Community grant, we hosted a series of coffee mornings this autumn term. The coffee mornings allowed parent/carers of children with SEND/YP to connect with each other & to seek advice & information. We are pleased that we reached a wide range of parents and we hope to repeat it again in the future.

Household Support Fund

Bromley households and families who are facing financial hardship can now apply for financial support to pay for food, utilities and other essentials.

NNPCF Conference - Minister's Keynote speech

BPV attended the Ministerial keynote speech at the National Network of Parent Carer Forum's Virtual Conference on 2nd Dec. Click <u>HERE</u> to view the recording & to catch up on the rest of the conference. (waiting for recording to be posted online)

LOCAL NEWS

SELCCG Learning Disability Big Health Week Mon 6th - Fri 10th December

Following the success of last year events, SELCCG is pleased to announce the online 2021 Virtual Learning Disability Big Health Week. There are many great activities and learning sessions throughout the week.

YP with SEND Covid-19 Vaccine Feedback Required from SELCCG & London Borough of Bromley

LBB & SELCCG have requested parental feedback regarding the Covid Vaccination programme for CEV children and young people (12-15 years). Please email: info@bromleyparentvoice.org.uk by Friday Jan 14th 2022.

The Kiosk at The MENCAP Lodge, Norman Park, Hook Farm Road, Bromley

The MENCAP Kiosk is now open regularly from Tuesday to Friday 10:30am to 3pm. MENCAP students are serving fresh coffee, hot & cold drinks & snacks.

NATIONAL NEWS

Government White Paper on Adult Social Care Published

Responding to the Government's publication of its white paper on social care reform, Helen Walker, Chief Executive of Carers UK said: "We're pleased that the Government has published its Social Care White Paper which sets out some important and long-awaited proposals to reform the system. Importantly, unpaid carers are included throughout the proposals and recognised as an equal partner in care."

New rules for travelling or returning to England

The <u>UK government</u> has reinstated some countries back on to the <u>red list</u> and travellers from those countries will be required to quarantine upon arrival to the UK.

Autumn and winter plan 2021

The government has now published its COVID-19 autumn and winter plan.

Booster vaccine dose extended to all adults

Due to the new Omicron variant of Covid-19, the booster vaccine will be offered to all adults as well as those who are clinically vulnerable. Find out more about the booster vaccine on NHS.UK. To Book CLICK HERE

First dose vaccinations for young people UK WIDE

All young people aged 12 to 15 are to be offered a first dose of a COVID-19 vaccine. Some young people with complex health needs & OR a Learning Disability will be offered a second dose & can now book a vaccine here or can call 119 between 7am - 11pm to book an appointment.

INFORMATION FOR CARERS

Free Carers Flu Jab

If you are a registered carer of an elderly or vulnerable person/child OR are in receipt in of carers allowance, then you are eligible for a free flu jab this winter. Click <u>HERE</u> for further information.

Carer's Allowance

<u>Carer's Allowance</u> is the main benefit for carers. If you are looking after someone vulnerable or elderly for 35 hours a week or more, you may be eligible to apply.

Carer's Credit

If you aren't eligible to claim carer's allowance then you could get Carer's Credit if you're caring for someone for at least 20 hours a week. Carer's Credit is a National Insurance credit that helps with gaps in your National Insurance record. Your State Pension is based on your National Insurance record.

Carer's Assessments: What are they and how do I get one?

A carer's assessment gives you a chance to tell social services about the things that could make looking after your child easier for you. You can find out all about carer's assessments HERE & information on personal budgets and Bromley Direct Payments

Carers UK

Advice and information for adult carers of both children with SEND and vulnerable/sick adults. Carers passport scheme. Carers rights

TRAINING/EVENTS

London South East College - Nido Volans Centre SEND Open Days Do you have a young person looking for a college place?

Email Maggie Stephenson to book a space on the <u>open days</u> for SEND students at the LSEC Nido Volans Centre. <u>Margaret.Stephenson2@lsec.ac.uk</u> or call <u>020 3954 4563</u>

LSEC London South East College Online Professional Skills Course

Learn from the comfort of your home with one of LSEC's <u>free online courses</u> for those who are looking to change careers or are currently unemployed. .

Smart Bright Training

Workshops aimed at parents & carers of sensory & neurodiverse children eg : Autism and ADHD. $\underline{\mathsf{FLYER}}$

SUPPORT

Bromley MENCAP Autism Family Service

Mencap Children's Wellbeing service and short breaks service

Bexley Girls on the Spectrum Network (GOTS)

This is a <u>new support group for parents of girls with autism.</u> Some meetings are specific to Bexley services however anyone is welcome to join.

Bereavement Cafe

Providing support via qualified bereavement counsellors to people affected by the loss of a loved one. Message the Facebook page for a free call back: www.facebook.com/bereavementcafe

Florence Nightingale Aid in Sickness Trust

The Florence Nightingale Aid in Sickness Trust provides life enhancing grants to help people of all ages in need who are ill, convalescent or disabled and need to purchase equipment.

SERVICES

Bromley Well Mental Health Carers Support Service

Offers <u>support and information</u> for carers supporting those with mental health issues in Bromley

Dyslexia Association of Bexley Bromley Greenwich & Lewisham (DABGL)

Helping dyslexic people of all ages by providing information, support, events and screening appointments. Email info@dyslexiawise.co.uk for further information

Bromley IASS (Independent Advice & Support Service)

The <u>information</u>, advice and support service (IASS) offers free, impartial information, advice and support in confidence for children & young people with SEND aged 0 to 25 yrs & their parent/carers. IASS also supports children and young people with SEND around transitions from pre-school to primary school and onto secondary school.

LEISURE & SOCIAL

Autism in Museums Accessible Events

Click <u>HERE</u> for information on accessible events for SEND families in London & national museums. New events for Winter 21 -

Book Accessible Ice Skating at Somerset House, London
Relaxed event for neurodiverse people at the Postal Museum

The Beckenham & Penge Gateway Club

The Beckenham and Penge Gateway Club has reopened its social club for people with a learning disability. <u>FLYER</u>

Buzzers Academy Sports Clubs

Multisport camps in <u>various venues</u> around Bromley Borough. Ofsted child care vouchers accepted. Oct half term spaces available.

Bromley My Time SEND Family Sessions - FREE

<u>Free pre-Christmas activity sessions</u> for children & young people with SEND & their siblings. FLYER

CASPA Activities

Please click <u>HERE</u> for further information on the various CASPA Christmas activities for children/young people with Autism.

Dayspace - Penge

Dayspace is a <u>new day service for adults with a learning disability</u> in Bromley on the site of the Kentwood Adult Education Centre in Penge

Destiny's Child SEND Children's Club

Activities for children with SEND. Click on the <u>FLYER</u> for further information.

Freeze Social Skills Club for Teens with Social Communication Challenges

A Beckenham based activity club working on developing social communication skills and how to navigate the world for teens with ASD & social communication challenges such as anxiety. FLYER

Heart N Soul

Do Your Own Thing is a social Club for YP with learning disabilities & autism from 10 to 25 year olds. Click HERE for more information.

Maypole Project Sensory Cabin Hire - Christmas dates

The <u>sensory cabin</u> at the Maypole Project in Green Street Green will be open throughout December. To book email: helpline@themaypoleproject.co.uk or <u>click to buy raffle tickets</u>.

Maypole Project Santa Bus

To book a door step Santa visit to your home, click HERE

Super 1s Free Cricket Sessions

Free <u>cricket sessions</u> every Tuesday from 4-5pm at Old Wilsonian CC, Hayes Hill, Bromley, BR2 7HN. All disabilities welcome 12 - 25yrs. Email: brian.gasking@kentcricket.co.uk.

VACANCIES

MENCAP Short Breaks Play Worker & General Vacancies

MENCAP are advertising for staff for their <u>Short Breaks</u> Service for children & teenagers with special needs or disabilities. Would suit teaching assistants, youth workers & childcare professionals.

Bromley Healthcare Jobs

Click <u>HERE</u> for current Bromley Healthcare vacancies where you can find all the details and how to apply.

Community Links Job Vacancy Board

Click <u>HERE</u> for current local voluntary sector vacancies where you can find all the details and how to apply.

INFORMATION & GUIDES

British Dyslexia Association - The Empowered Parents Guide

Do You Know Autism Guide

Place2BE Children's Mental Health Guide

A Comprehensive List of Health Resources

A Guide to Annual Health Checks - for Families, Supporters & Social Care Providers

<u>Easy Read - Annual Health Checks: for young people with learning disabilities,</u> **their families and supporters**

Annual Health Checks & Coronavirus

New Bromley GP Alliance Mental Health Guide for Bromley Residents

Rapid Coronavirus Testing

E-BULLETINS

What's Going on in SEND - LBB

LBB SEND Matters newsletter

Autism in Museum newsletter

Bromley Mental Health Carers newsletter

Bromley MENCAP newsletter

Bromley Well Bulletin

Red Cross November Newsletter

LOCAL DIRECTORY

Bayswater Support Group - Gender Dysphoria Support for parents

Bromley Local Offer - SEND services in Bromley Borough

Kent Association for the Blind - Children & Families Support Service

Bromley Downs Syndrome Support Group

Bromley/Orpington Samaritans

Bromley LATCH Project - Support for homeless young people

Bromley Homeless Shelter & Foodbank

<u>Bromley Brighter Beginnings</u> - provides donations of clothes, toys & household goods for those in need. Referral needed.

Bromley Foodbank - referral needed

Hays Community Foodbank - no referral needed

Bromley Citizens Advice Bureau

<u>Bromley Healthcare 0-19</u> - Health care advice for children/young people in Bromley between

0-19 years of age

<u>Home-Start Bromley</u> - provides practical help & support for parent/carers of young children under the age of 5

Talk Together Bromley - Counselling Services



Would you like to get involved?

Interested in volunteering to help with our activities?

Have any professional



Have something to say, have a question to ask, would like to see something available?

Email us at:

info@

bromleyparentvoice.

org.uk



Useful Information

Click here for

Get Information

Independent Supporters

Find out more about the new SEND reforms and

or other skills which could help us?

Would like to share ideas, experiences, or a great activity.

If so please <u>contact</u> us to let us know.

or go to

Have your Say

on our Website and complete the current surveys and questionnaires how Independent
Supporters could help
you
IASS formally known
as Parent
Partnership
Information Advice and
Support Service

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