

Karate Lunchtime Club at Hayes Primary School – spring term w/c 10th January 2022

Years 1-6

Dear Parents/Guardians,

Exciting, fun Karate at Hayes Primary School, under the instruction of locally and nationally renowned professional instructor Sensei John Sideras.

Former England International 3x English Champion 1x British Champion 3x Four Nations Grand Slam Champion 28 years full time teaching experience locally and trainer of National/London Borough Youth Games Champions.

Dates

Tuesday 11th January – Tuesday 29th March (11 weeks)

12.20-1.20pm (students should have early lunch)

Costs

Classes are based £7 per hour and must be paid in advance of the autumn school term. Total cost for 11 weeks is £77 per student.

Limited Spaces

Due to extreme popular demand and to ensure your child's place for this club, please ensure forms and payment is made in advance. There will be a first come first serve basis due to limited spaces. A student's place will be secured once payment has been made.

Start-up pack (kit and Licence)

£55 per child and includes club embroidered Gi (suit) bottoms, top, belt, hand pads, gum shield and annual licence. There is no pressure placed on students/parents to get the start-up pack; students without can be taught in PE kit.

Grading's

Grading's are held locally when the instructor feels the student is ready at a cost of £24, which includes grading, belt presentation and certificate. (Up to date licence is required)

Licence

A licence is mandatory for all reputable martial arts schools to register the student/grade with the governing body and includes insurance. Cost of £24 annually (Included in the start-up pack).

Payments and bank details

Cash or bank transfer, using students name as a reference:

Kaigaishii Karate Association Sort code: 09-01-29 Account number: 14079160 (Business account)

Classes are also available in Coney Hall at 'The Assembly Halls' Gates Green Road, Coney Hall, BR4 9JW for all students during the week. It is highly encouraged that students train more than once per week. Please contact instructor for more details. **(Any lunch time class missed, has the option to be made up at the above venue at no extra cost).**

Kindest Regards

Sensei John Sideras

Tel: 07908767826 johnsideras@hotmail.com www.kaigaishii-karateschool.co.uk

Permission and Health Form

Student/s wishing to join just need to fill out the permission/health declaration slip below with the relevant details.

Name of child

Age and school year

Any health conditions

Emergency contact details
