

Biggin Hill Children & Family Centre

Cygnets

A six week course for parents/carers of children with Autism.

As well as an introduction to autism, these three hour group sessions will help parents/carers understand their child's behaviour and how to support this, examining autism and diagnosis, sensory issues and communication.

Parents/carers will develop their knowledge and understanding of Autism Spectrum Condition (ASC) and the way their child sees the world. Parents will be able to learn about some of the strategies which may support behaviour in their children, whilst sharing their parenting journey with other parents.

The course runs on Thursdays from 6th January to 10th February 2021 between 09.30am and 12.30pm. For more information please pop in and talk to the centre staff, email bigginhillcfc@bromley.gov.uk, call 01959 571694, or visit www.bromley.gov.uk/bromleychildrenproject