

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Bank Holiday Centre Closed <div>3</div>	Baby Massage ★ 10:00-11:00 Sensory Room ★ 10:00-11:00 Learn & Play Messy (Toddler) ★ 10:00-11:00 Learn & Play Messy (Baby) ★ 11:30-12:30 Child Health Clinic ★ 13:30-15:30 Sensory Room ★ 15:00-16:00 <div>4</div>	Child Development Health Check ★ 09:00-13:00 Sensory Room ★ 10:00-11:00 Sensory Room ★ 15:00-16:00 <div>5</div>	Cygnet ★ 09:30-12:30 Sensory Room ★ 10:00-11:00 Learn & Play Music and Movement (Toddler) ★ 14:15-15:00 Sensory Room ★ 15:00-16:00 <div>6</div>	Child Development Health Check ★ 09:00-13:00 Sensory Room ★ 10:00-11:00 Volunteer Training ★● 11:30-13:15 Learn & Play Music and Movement (Baby) ★ 14:15-15:00 Sensory Room ★ 15:00-16:00 <div>7</div>	<div>8</div>
Sensory Room ★ 10:00-11:00 Learn & Play Sensory (Baby) ★ 10:00-11:00 Learn & Play Creative (Toddler) ★ 11:30-12:30 Sensory Room ★ 15:00-16:00 Environmental Arts ★ 15:15-16:15 <div>10</div>	Baby Massage ★ 10:00-11:00 Sensory Room ★ 10:00-11:00 Learn & Play Messy (Toddler) ★ 10:00-11:00 Learn & Play Messy (Baby) ★ 11:30-12:30 Child Health Clinic ★ 13:30-15:30 Sensory Room ★ 15:00-16:00 <div>11</div>	Child Development Health Check ★ 09:00-13:00 Sensory Room ★ 10:00-11:00 Sensory Room ★ 15:00-16:00 <div>12</div>	Cygnet ★ 09:30-12:30 Sensory Room ★ 10:00-11:00 Learn & Play Music and Movement (Toddler) ★ 14:15-15:00 Sensory Room ★ 15:00-16:00 <div>13</div>	Child Development Health Check ★ 09:00-13:00 Sensory Room ★ 10:00-11:00 Volunteer Training ★● 11:30-13:15 Learn & Play Music and Movement (Baby) ★ 14:15-15:00 Sensory Room ★ 15:00-16:00 <div>14</div>	<div>15</div>
Sensory Room ★ 10:00-11:00 New Parent Support Group ★ 10:00-11:30 Learn & Play Sensory (Baby) ★ 10:00-11:00 Learn & Play Creative (Toddler) ★ 11:30-12:30 Sensory Room ★ 15:00-16:00 Environmental Arts ★ 15:15-16:15 <div>17</div>	Baby Massage ★ 10:00-11:00 Sensory Room ★ 10:00-11:00 Learn & Play Messy (Toddler) ★ 10:00-11:00 Learn & Play Messy (Baby) ★ 11:30-12:30 Child Health Clinic ★ 13:30-15:30 Sensory Room ★ 15:00-16:00 <div>18</div>	Child Development Health Check ★ 09:00-13:00 Sensory Room ★ 10:00-11:00 Sensory Room ★ 15:00-16:00 <div>19</div>	Cygnet ★ 09:30-12:30 Sensory Room ★ 10:00-11:00 Learn & Play Music and Movement (Toddler) ★ 14:15-15:00 Sensory Room ★ 15:00-16:00 <div>20</div>	Child Development Health Check ★ 09:00-13:00 Sensory Room ★ 10:00-11:00 Volunteer Training ★● 11:30-13:15 Learn & Play Music and Movement (Baby) ★ 14:15-15:00 Sensory Room ★ 15:00-16:00 <div>21</div>	<div>22</div>
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Sensory Room ★ 10:00-11:00 Learn & Play Sensory (Baby) ★ 10:00-11:00 Learn & Play Creative (Toddler) ★ 11:30-12:30 Sensory Room ★ 15:00-16:00 Environmental Arts ★ 15:15-16:15 <div>31</div>					

Centre Update.....

Welcome back after the festival break, we hope that you are feeling lovely and refreshed!

This month we will be starting the New Year with lots of great new courses and activities. Please speak to a member of staff at the Centre if you need any further information.



Keep an eye on our social media pages for further updates.
Search @thebromleychildren project on facebook and Instagram

What's on this month.....

New In February 2022

Lets Play Sports (Need to book)

A fun, free and active session for children who are confident walkers up to 5 years old. Led by a FA licensed coach.

Starting Monday 21st February - 28th March from 1.00pm – 2.00pm

Baby Me Fit (Need to book)

A six week course with parents and carers with children from 6 weeks old. This class aims to improve fitness levels, promote bonding and create a fun social environment for parents and carers to meet.

Starting Tuesday 22nd February - 29th March from 10.00am – 11.00am

Wellbeing (Need to book)

A four week fun and interactive training workshop to provide learners with the skills to build confidence, manage stress, assertively engage with others and confidently take their lives in the direction of their choice. Creche spaces limited.

Starting Friday 25th February – 18th March from 9.30am – 11.15am

There are many other sessions for you and your child to attend and have fun. Please look at the timetable or speak to a member of staff to book your place. Book early to avoid disappointment.

How to find us.....

Biggin Hill Children & Family Centre is situated along Sunningvale Avenue. Coming by car from Bromley please avoid coming along Sunningvale Avenue from Main Road (A233) due to this part of Sunningvale being unmade. Instead, continue along Main Road until you get to a set of traffic lights. At the lights turn right into Stock Hill and then at the bottom of the hill take the first left into Sunningvale Avenue. You'll find us on the right just after Churchside Close.

If you're travelling by bus take the 320 and get off at the last stop by the Rosehill Road shops. Walk a few minutes from the shops to the end of Rosehill Road then turn right and walk up Sunningvale Avenue until you arrive at the centre. Alternatively, route 464 also stops very close to the centre on Sunningvale Avenue.

www.bromley.gov.uk/bromleychildrenproject



BIGGIN HILL

CHILDREN AND FAMILY CENTRE

January 2022

TIMETABLE

Biggin Hill Children and Family Centre

Sunningvale Avenue

TN16 3TN

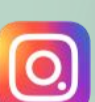
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