

Jan—Feb 2022

Burnt Ash Children and Family Centre

Happy New Year!

We have really enjoyed welcoming everyone back and meeting new faces! We have some exciting new activities to offer this term, these all need to be booked. We look forward to seeing you all!

Trish and Isabella

Helping children learn through Play

Monday 21st February—Monday 7th March

11.45am—13:15pm

A 3 week course to guide in helping your child learn through play. A fun interactive course run by an experienced teacher.



After School Play

We have welcomed After School Play back on a Tuesday afternoon! Come and see what great activities we have lined up for you and your children.

This session needs to be booked, please call or email the centre.



Let's Play Sports

Thursday 24th February—31st March

13pm—14pm.

These sessions are aimed at young children and are an hour long, Children will learn and experience different sports and exercise, individually and as a group.

Wellbeing

1st February—1st March

9:30am to 13:15pm

A 4 week interactive workshop providing learners with the skills, confidence and knowledge to enhance their physical and mental wellbeing. Spaces are limited.

New Parent Support Group

New Parent Support Group runs for 6 weeks, once a month.

Our 4th session will run on the **19th January, 11:30am to 13pm**. This session is about 'Attachment and importance of Touch'. For more information and to book on, please call the centre!





Learn and Play

Our Learn and Play New timings running on Mondays and Tuesdays 2:15—3pm and Thursdays and Fridays, 10—11am, & 11.30—12:30

Remember, we are offering these sessions with limited spaces, please give the centre a call to book onto these!

Parenting Hotline

If you have a parenting issue you would like to get some advice on, or even just reassurance that what you are doing is appropriate, please ring the Hotline

number: **0208 461 7259**

You will be able to seek advice from one of our Family Support and Parenting Practitioners.

Healthy Start

We are still giving out Healthy Start Vitamins (Mothers Vitamins and Children's Vitamin drops).



If you have a voucher, bring it on down and collect your Healthy Start Vitamins from Burnt Ash!

Parenting Seminars

We have a wide range of online Parenting Seminars offering ideas, strategies and techniques to support parents.

For information, please call

0208 461 7259

and check our Facebook and Instagram page for dates, and times!

For more information follow our social media pages:



Facebook:

The Bromley Children Project



Instagram:

@thebromleychildrenproject



YouTube:

Creative Kids

Burnt Ash Children and Family Centre

Please contact the centre for details of classes/courses, and to book your space!

Phone Number: 0208 697 4503

Mobile Number: 07715 050 796

Email: burntashcfc@bromley.gov.uk