

Positive Parenting Skills

Promoting positive parenting strategies.

For parents/carers of children aged between 3-12. This course aims to promote positive parenting skills and to reduce challenging and aggressive behaviour in children. The course explores the building of self-esteem and parent support networks.

The course includes the use of praise, rewards, play and setting effective boundaries. It also explores effective communication, role modelling and parenting styles and their impact within families and parenting.

The course runs on Monday from 10th January 2022 to 21st March 2022 between 09.30 and 11.15. For more information please pop in and talk to the centre staff, email burntashcfc@bromley.gov.uk, call 0208 697 4503 or visit www.bromley.gov.uk/bromleychildrenproject