

March—April 2022

Burnt Ash Children and Family Centre

Happy Easter!

We have been commissioning for our new year! Please keep an eye out on our Facebook, Instagram and in centre to see what new and exciting courses

we have to offer
throughout the year!

Trish and Isabella



Let's Play Sports

Thursday 24th February—31st March

These sessions are aimed at young children and are a hour long, **13pm—14pm**. Children will learn and experience different sports and exercise, individually and as a group.



Choosing How to Feed Your Baby

This session for expectant parents to be. Covering the benefits and drawbacks of different feeding options, responsively feeding your baby and building a loving, responsive relationship. **Friday 25th at 9:30am**. Call to book!



Sensory Room

Every Tuesday, 10am and 2pm

Our Sensory Room is available to book every Tuesday! We are offering two, one hour sessions. This is a really popular session, so give us a call on **0208 697 4503**, to book your slot in our amazing Sensory Room!

After School Play

We have welcomed After School Play back on a Tuesday afternoon! Come and see what great Environmental Art activities we have lined up for you and your children.

This session needs to be booked, please call or email the centre.

New Parent Support Group

This session will cover the amazing period of growth during the first year of life.

Teaching you what you should expect during the first year and how to learn to make a clay footprint of your baby! Led by Bromley Health Care. **Wednesday 16th March at 11:30am**. Call the centre to book!





Learn and Play

Our Learn and Play sessions are currently running on Mondays and Tuesdays 2:15—3pm and Thursdays and Fridays, 10—10:45am, & 12—12:45am!

Remember, we are offering these sessions with limited spaces, please give the centre a call to book onto these!

Healthy Start

Come on down to Burnt Ash Children and Family Centre to collect your Healthy Start Vitamins, for mothers and children.

All you will need is voucher, or a Healthy Start Card and we will be able to issue these!

We hope to see you soon!



Parenting Hotline

If you have a parenting issue you would like to get some advice on, or even just reassurance that what you are doing is appropriate, please ring the Hotline number: **0208 461 7259**

You will be able to seek advice from one of our Family Support and Parenting Practitioners.

Parenting Seminars

We have a wide range of online Parenting Seminars offering ideas, strategies and techniques to support parents.

For information, please call

0208 461 7259

and check our Facebook and Instagram page for dates, and times!

For more information follow our social media pages:



Facebook:

The Bromley Children Project



Instagram:

@thebromleychildrenproject



YouTube:

Creative Kids

Burnt Ash Children and Family Centre



Please contact the centre for details of classes/courses, and to book your space!

Phone Number: 0208 697 4503

Mobile Number: 07715 050 796

Email: burntashcfc@bromley.gov.uk