

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Please note that all sessions are to be booked in advance</u></p>	Baby.Me.Fit★ 10:00-11:00 Sensory Room★ 10:00-11:00 Learn & Play Messy (Toddler)★ 10:00-11:00 Learn & Play Messy (Baby)★ 11:30-12:30 Sensory Room★ 13:30-14:30 Child Health Clinic★ 13:30-15:30	Child Development Health Checks★ 09:00-13:00 Sensory Room★ 10:00-11:00 Sensory Room★ 13:30-14:30	Sensory Room★ 10:00-11:00 Sensory Room★ 13:30-14:30 Learn & Play Messy★ 14:15-15:00	Child Development Health Checks★ 09:00-13:00 Wellbeing★● 09:30-11:15 Sensory Room★ 10:00-11:00 Volunteer Training★● 11:30-13:15 Sensory Room★ 13:30-14:30 Learn & Play Music and Movement★ 14:15-15:00	Child Development Health Checks are carried out by appointment with the Health Visitors. Please call 0300 330 5777
Learn & Play Sensory (Baby)★ 10:00-11:00 Sensory Room★ 10:00-11:00 Choosing How To Feed Your Baby★ 10:00-12:00 Learn & Play Creative (Toddler)★ 11:30-12:30 Let's Play Sports★ 13:00-14:00 Sensory Room★ 13:30-14:30 After School Arts★ 15:15-16:15	Baby.Me.Fit★ 10:00-11:00 Sensory Room★ 10:00-11:00 Learn & Play Messy (Toddler)★ 10:00-11:00 Learn & Play Messy (Baby)★ 11:30-12:30 Sensory Room★ 13:30-14:30 Child Health Clinic★ 13:30-15:30	Child Development Health Checks★ 09:00-13:00 Sensory Room★ 10:00-11:00 Learning Language Through Play★ 13:00-14:00 Sensory Room★ 13:30-14:30	Sensory Room★ 10:00-11:00 Sensory Room★ 13:30-14:30 Learn & Play Messy★ 14:15-15:00	Child Development Health Checks★ 09:00-13:00 Wellbeing★● 09:30-11:15 Sensory Room★ 10:00-11:00 Sensory Room★ 13:30-14:30 Learn & Play Music and Movement★ 14:15-15:00	
Learn & Play Sensory (Baby)★ 10:00-11:00 Sensory Room★ 10:00-11:00 Speech & Language Therapy★ 10:00-12:00 Learn & Play Creative (Toddler)★ 11:30-12:30 Let's Play Sports★ 13:00-14:00 Sensory Room★ 13:30-14:30 After School Arts★ 15:15-16:15	Baby.Me.Fit★ 10:00-11:00 Sensory Room★ 10:00-11:00 Learn & Play Messy (Toddler)★ 10:00-11:00 Learn & Play Messy (Baby)★ 11:30-12:30 Sensory Room★ 13:30-14:30 Child Health Clinic★ 13:30-15:30	Child Development Health Checks★ 09:00-13:00 Sensory Room★ 10:00-11:00 Learning Language Through Play★ 13:00-14:00 Sensory Room★ 13:30-14:30	Sensory Room★ 10:00-11:00 Sensory Room★ 13:30-14:30 Learn & Play Messy★ 14:15-15:00	Child Development Health Checks★ 09:00-13:00 Wellbeing★● 09:30-11:15 Sensory Room★ 10:00-11:00 Sensory Room★ 13:30-14:30 Learn & Play Music and Movement★ 14:15-15:00	Saturday Sports★ 10:00-11:00 Saturday Sports★ 11:00-12:00
Learn & Play Sensory (Baby)★ 10:00-11:00 Sensory Room★ 10:00-11:00 New Parent Support Group★ 10:00-11:30 Learn & Play Creative (Toddler)★ 11:30-12:30 Let's Play Sports★ 13:00-14:00 Sensory Room★ 13:30-14:30 After School Arts★ 15:15-16:15	Baby.Me.Fit★ 10:00-11:00 Sensory Room★ 10:00-11:00 Learn & Play Messy (Toddler)★ 10:00-11:00 Learn & Play Messy (Baby)★ 11:30-12:30 Sensory Room★ 13:30-14:30 Child Health Clinic★ 13:30-15:30	Child Development Health Checks★ 09:00-13:00 Sensory Room★ 10:00-11:00 Learning Language Through Play★ 13:00-14:00 Sensory Room★ 13:30-14:30	Sensory Room★ 10:00-11:00 Sensory Room★ 13:30-14:30 Learn & Play Messy★ 14:15-15:00	Child Development Health Checks★ 09:00-13:00 Sensory Room★ 10:00-11:00 Sensory Room★ 13:30-14:30 Learn & Play Music and Movement★ 14:15-15:00	Saturday Sports★ 10:00-11:00 Saturday Sports★ 11:00-12:00
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					 <small>THE LONDON BOROUGH</small> <small>www.bromley.gov.uk</small>

Activities marked with a ★ must be booked in advance. Crèches are only available for activities marked with a ●

Centre Update.....

We have lots of great new courses and sessions coming up in April as we enter into a new year of activities. Please keep an eye out for further information about these!

Don't forget our sensory room is available to book from Monday to Friday from 10-11am and 1:30-2:30pm. Please call or email to book your slot.

Keep an eye on our social media pages for further updates.
Search @thebromleychildrenproject on Facebook and Instagram



What's coming up this month.....

Saturday Sports (Need to book)

A fun and active session for the whole family.

Saturday 19th, 26th March & 2nd April — 10:00-11:00 and 11:00-12:00

Learn & Play Baby Sensory (Need to book)

The sensory experience enables your baby to understand how things feel, smell and taste whilst supporting their physical development.

Every Monday in March — 10:00-11:00

Learn & Play Messy (Need to book)

Children can enjoy messy play; exploring new textures, getting messy and a variety of arts and crafts.

Every Tuesday in March — Toddler 10:00-11:00 and Baby 11:30-12:30

Also, by popular demand we have introduced an additional Messy session, from March, for 0-5 year olds. This will be held on Thursdays from 2:15-3pm.

There are many other sessions for you and your child to attend and have fun. Please look at the timetable or speak to a member of staff to book your place. Book early to avoid disappointment.

How to find us.....

Biggin Hill Children & Family Centre is situated along Sunningvale Avenue. Coming by car from Bromley please avoid coming along Sunningvale Avenue from Main Road (A233) due to this part of Sunningvale being unmade. Instead, continue along Main Road until you get to a set of traffic lights. At the lights turn right into Stock Hill and then at the bottom of the hill take the first left into Sunningvale Avenue. You'll find us on the right just after Churchside Close.

If you're travelling by bus take the 320 and get off at the last stop by the Rosehill Road shops. Walk a few minutes from the shops to the end of Rosehill Road then turn right and walk up Sunningvale Avenue until you arrive at the centre. Alternatively, routes 464 and R2 also stop very close to the centre on Sunningvale Avenue.

www.bromley.gov.uk/bromleychildrenproject



BIGGIN HILL

CHILDREN AND FAMILY CENTRE

March 2022

TIMETABLE

Biggin Hill Children and Family Centre

Sunningvale Avenue

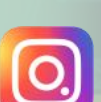
TN16 3TN

01959 571 694 | 07738 801892

bigginhillcfc@bromley.gov.uk



The Bromley Children Project



Thebromleychildrenproject



The Bromley Children Project - Creative Kids