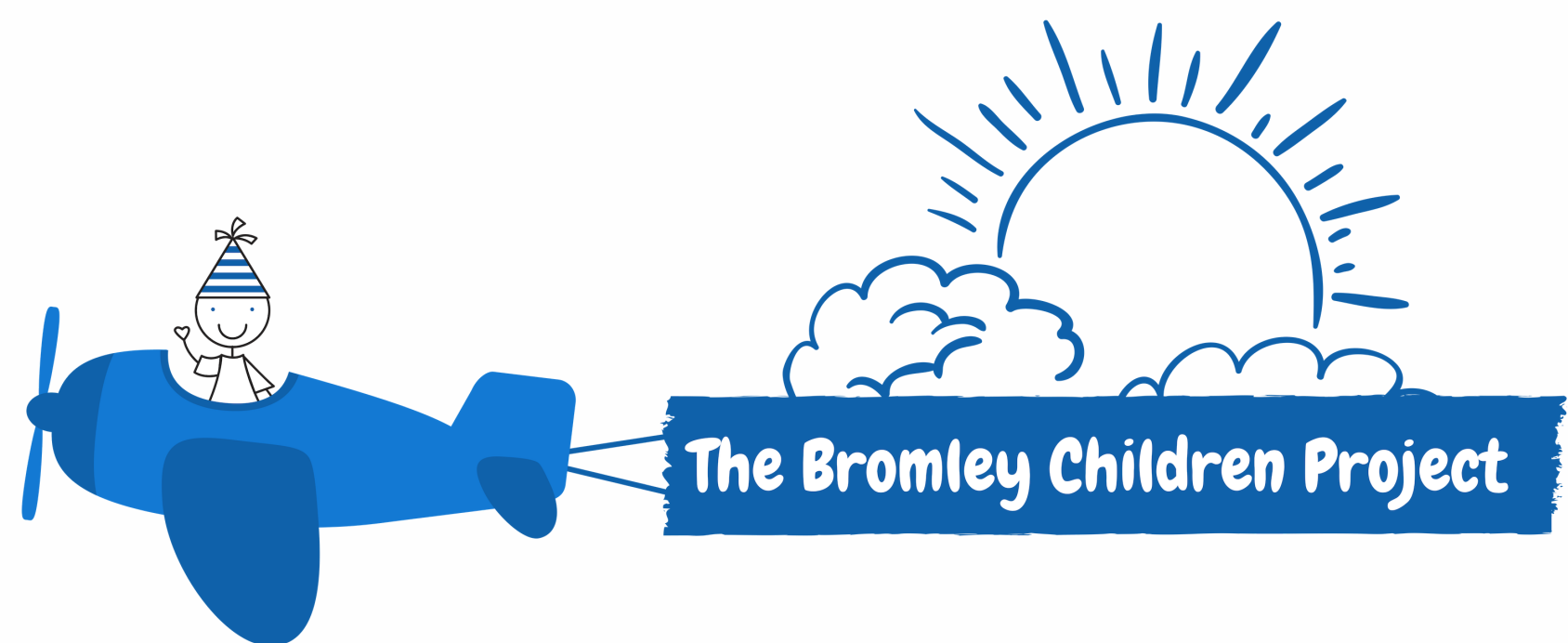


Bromley Children Project Online Parenting Webinars



Please see overleaf for all of our contact information

Communication

Does it feel like no-one at home listens to you?

Then why not join one of our fantastic 'bite-sized' online parenting session? We'll give you some helpful ideas on how to improve communication within the family, enhance self-esteem and achieve more positive relationships at home.



Relationships

Does it feel like your family has become a little 'disconnected'?

We'll give you some helpful ideas on how to improve relationships in within the family with just one magic ingredient!



Smacking

What are all of the alternatives to smacking?

We know that parenting is the hardest job we will ever do so why not join us to remind ourselves of why we should not smack our children and refresh ourselves of what the alternatives are to smacking.



Digital Safety

How much do you know about online gaming?

For most parents, online gaming is a bit of a mystery, this is because we had most of our fun outside, playing with friends. The world is changing so many parents have asked us how they can keep their children safe when online. Come along and find out!!!!.....you may even find that you and your child will play online together!!



Play

How much do you know about online gaming?

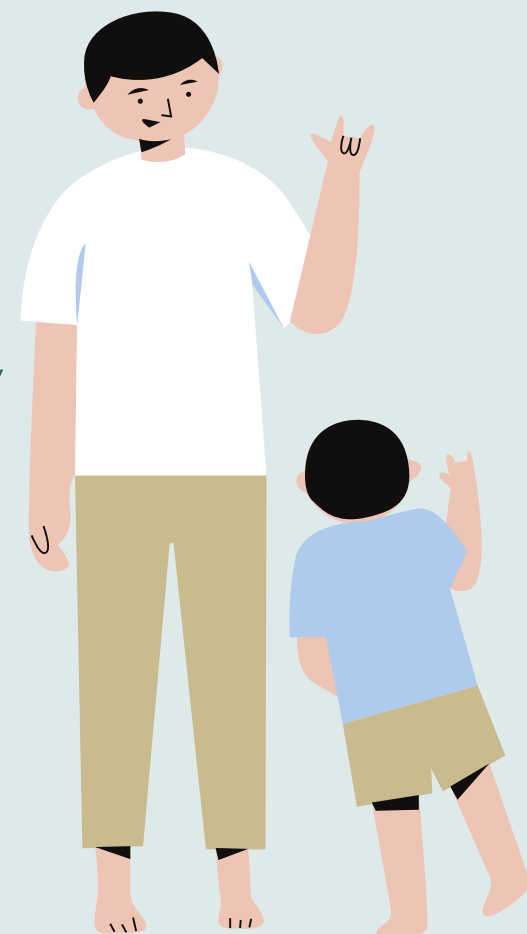
Play is a wonderful way for your child to learn & explore their world & make wonderful memories all at the same time. Join our online 'Play' seminar on...to find out how you can make your child's play even better!



Boundaries

Boundaries...are you charge?

Who rules the roost in your home? It's not easy to teach your children to test their limits respectfully, without being angry or defiant and for them to know that ultimately, you, the parent, are in charge! It's up to everyone at home to do their bit to improve life – find out how by joining one of our bite-sized online parenting sessions.



Parenting Styles

What kind of parent are you?

We will explore what type of parent we are; where it comes from and what are the cultural influences which dictate our parenting style.



Choices & Consequences

How would you explain what a consequence is?

Children need to be aware of the consequences of their actions and learn to think about the choices they make in life. We want to ensure that the choices our children make are the right ones and ones which are not harmful to their health or other people. Join us and broaden your awareness of Choices and Consequences.



Autism Spectrum Condition

Do you want to broaden your understanding on autism?

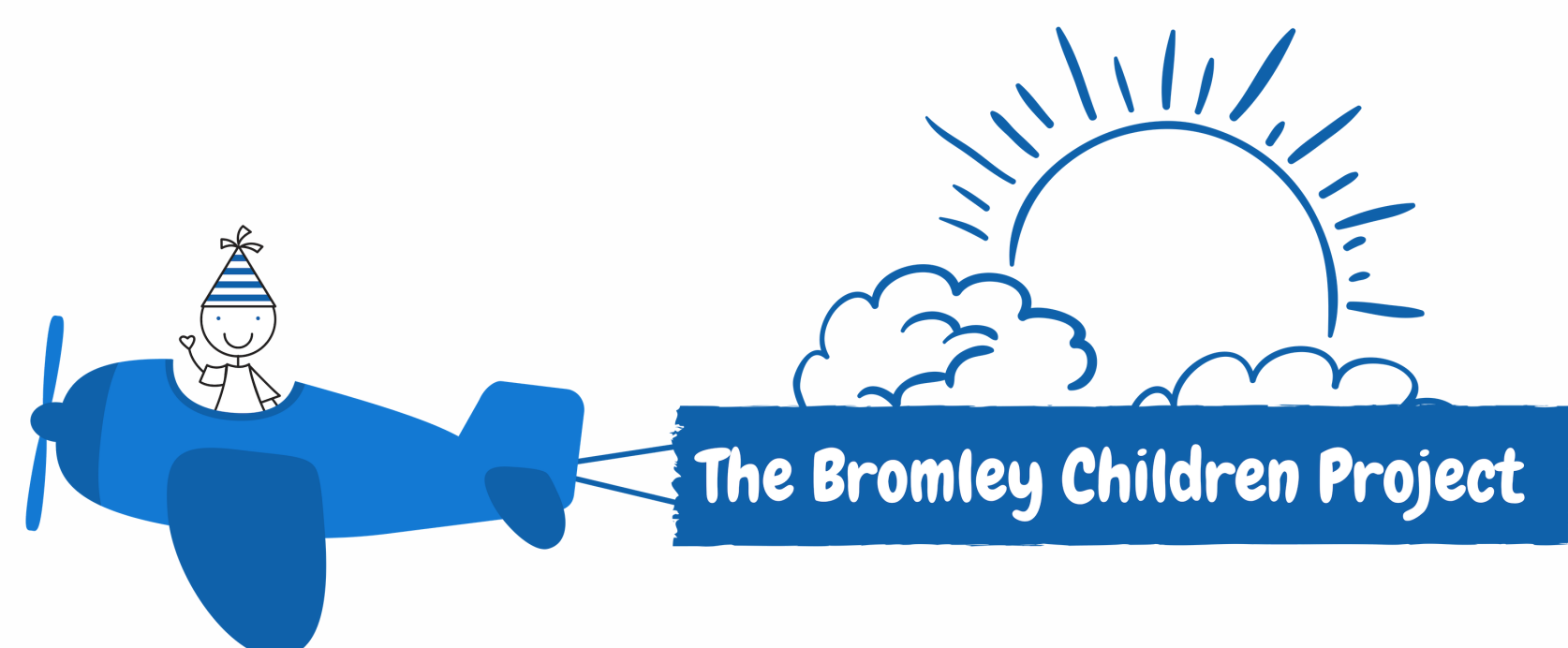
We are offering 7 Autism spectrum based webinars called:

What is ASC?
ASC Anxiety
ASC Meltdowns
ASC Eating
ASC Bedtime
ASC Puberty
ASC Pathological Demand Avoidance.



These webinars offer some parenting tips and techniques to help parents to better understand how to support their children with ASD.

Bromley Children Project Online Parenting Webinars



We have also developed online versions of these courses

Strengthening Families, Strengthening Communities

A five week Course focussing on improving parent and child relationships. Building on understanding why we parent the way we do and how we can support our children on the journey to adulthood.



New Forest Parenting Programme

A four week course centred around parents supporting their ADHD child. Building more positive relationships using strategies to support understanding of life from a child with Attention deficit hyperactivity disorder.



New At Parenting

NAP is a five week course for any expectant Mums and Dads or those who have recently had a baby up to 9 months old. It explores the role of attachment and relationships with babies and the important of communication, play, home safety and self-care in parenting our newest family members.



For more information about our Online Parenting Webinars please get in contact with us!



The Bromley Children Project – Facebook Page



thebromleychildrenproject – Instagram Page



Call Us : 020 8461 7259



Email Us: parenting.courses@bromley.gov.uk