

**BROMLEY CHILDREN
& FAMILIES**
Voluntary Sector Forum

CHARITY NUMBER 1153545

Spring **BOXING CAMP**

4th -7th APRIL 2022 | 11.30AM-3.30PM

AT
41 VALESWOOD
ROAD
BROMLEY
BR1 4RD

**NUTRITIONAL
LUNCH
PROVIDED**

AGES 9-16

INSPIRATIONAL SPEAKERS

PAD WORK

BAG WORK

CIRCUIT TRAINING

SKIPPING

BOXING TECHNIQUE DRILLS



For booking details please email:

HAF@bcfforum.org

FREE PLACES FOR THOSE WHO ARE ELIGIBLE FOR FREE SCHOOL MEALS

