



# Saturday Sport

A fun session for children and parents to enjoy.

A session for young children to have fun and learn with their parents, creating a stronger bond and encouraging a healthy mind and body.

Sessions are led by an FA Licensed coach and involve sporting games and fun challenges coached to children and parents together in groups, helping improve communication, interaction and confidence.

The session runs on Saturdays from 7th to 21st May between 10:00 and 11.00 or 11:00 and 12:00. For more information please pop in and talk to the centre staff, email [burntashcfc@bromley.gov.uk](mailto:burntashcfc@bromley.gov.uk), call 020 8697 4503, or visit [www.bromley.gov.uk/bromleychildrenproject](http://www.bromley.gov.uk/bromleychildrenproject)