	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	BANK HOLIDAY CENTRE CLOSED	Midwife Clinic ★ 09:00-16:30 Volunteer Training ★ ○ 09:30-11:15 ESOL ★ ○ 11:30-13:30 Learn & Play Creative Baby ★ 14:15-15:00 After School Club ★ 15:15-16:15	Dietitian ★ 09:30-12:00 Sensory Room ★ 10:00-11:00 Child Health Clinic ★ 13:30-15;30 Sensory Room ★ 14:00-15:00	POLLING DAY CENTRE CLOSED	Midwife Clinic ★ 09:00-12:00 Learn & Play Music and Movement Toddler ★ 10:00-11:00 Learn & Play Music and Movement Baby ★ 11:30-12:30 Let's Play Sports ★ 13:00-14:00	Family Sports ★ 10:00-11:00 Family Sports ★ 11:00-12:00
Sk 09 Le Cr	ositive Parenting ills * O 0:30-11:30 arn & Play eative Toddler * 0:15-15:00	Midwife Clinic ★ 09:00-16:30 Volunteer Training ★ ○ 09:30-11:15 ESOL ★ ○ 11:30-13:30 Learn & Play Creative Baby ★ 14:15-15:00 After School Club ★ 15:15-16:15	Sensory Room ★ 10:00-11:00 Child Health Clinic ★ 13:30-15:30 Sensory Room ★ 14:00-15:00	Midwife Clinic ★ 09:00-16:30 Child Development Health Check ★ 09:30-12:00 Learn & Play Creative Toddler ★ 10:00-11:00 Learn & Play Creative Baby ★ 11:30-12:30	Midwife Clinic ★ 09:00-12:00 Learn & Play Music and Movement Toddler ★ 10:00-11:00 Learn & Play Music and Movement Baby ★ 11:30-12:30 Let's Play Sports ★ 13:00-14:00	Family Sports ★ 10:00-11:00 Family Sports ★ 11:00-12:00
Sk 09 Le Cr	ositive Parenting ills * • 0:30-11:30 arn & Play eative Toddler * 0:15-15:00	Midwife Clinic ★ 09:00-16:30 Volunteer Training ★ ○ 09:30-11:15 ESOL ★ ○ 11:30-13:30 Learn & Play Creative Baby ★ 14:15-15:00 After School Club ★ 15:15-16:15	Sensory Room ★ 10:00-11:00 New Parent Support Group ★ 11:30-13:00 Child Health Clinic ★ 13:30-15:30 Sensory Room ★ 14:00-15:00	Midwife Clinic ★ 09:00-16:30 Child Development Health Check ★ 09:30-12:00 Speech & Language Therapy ★ 09:30 -12:30 Learn & Play Creative Toddler ★ 10:00-11:00 Learn & Play Creative Baby ★ 11:30-12:30	Midwife Clinic ★ 09:00-12:00 Learn & Play Music and Movement Toddler ★ 10:00-11:00 Learn & Play Music and Movement Baby ★ 11:30-12:30 Let's Play Sports ★ 13:00-14:00	Family Sports ★ 10:00-11:00 Family Sports ★ 11:00-12:00
Sk 09 Le Cr	ositive Parenting iills ★ O 0:30-11:30 arn & Play eative Toddler ★ 0:15-15:00	Midwife Clinic ★ 09:00-16:30 Volunteer Training ★ ○ 09:30-11:15 ESOL ★ ○ 11:30-13:30 Learn & Play Creative Baby ★ 14:15-15:00 After School Club ★ 15:15-16:15	Sensory Room ★ 10:00-11:00 Child Health Clinic ★ 13:30-15:30 Sensory Room ★ 14:00-15:00	Midwife Clinic ★ 09:00-16:30 Child Development Health Check ★ 09:30-12:00 Learn & Play Creative Toddler ★ 10:00-11:00 Learn & Play Creative Baby ★ 11:30-12:30	Midwife Clinic ★ 09:00-12:00 Learn & Play Music and Movement Toddler ★ 10:00-11:00 Learn & Play Music and Movement Baby ★ 11:30-12:30 Let's Play Sports ★ 13:00-14:00	28
Cra 10 Pla Cra	atinum Jubilee aft Session ★ 0:00-10:45 atinum Jubilee aft Session ★ 0:15-12:00	Midwife Clinic ★ 09:00-16:30	Please note that all sessions are to be booked in advance			Child Development Checks & Child Health Clinic are carried out at the Centre by appointment with the Health Visitors. Please call 0300 330 5777



Centre Updates this month What's on this month:

Please see timetable for more details:

Positive Parenting Skills, learn techniques to support children's behaviour and understand the importance of good communication within the family.

Volunteer training is starting on the 3rd of May at 9:30 to 11:30. This is an 8-week accredited course. Do you want to volunteer in a Children and Family Centre? You will learn skills including safeguarding awareness, listening, communication skills and more. We still have spaces on this course and in the creche.

Saturday Sports is coming to Burnt Ash on the 7th, 14th and 21st of May. We have two sessions 10:00-11:00 and 11:00-12:00. Come along and keep fit with the kids.

We are starting a 10-week **ESOL course** on the 3rd of May 11:30 to 13:30. This course is aimed to help you learn English, if English is not your first language. We have a fun free class to help you learn. The classes include listening, speaking, reading and writing for everyday situations.

What's on next month...

Baby massage for parents and babies from six weeks old to crawling. A 5 week baby massage course that teaches parents the importance of well-being and promoting attachment using a positive nurturing touch.

New Parents Support Group. A relaxed monthly session for new parents to share their experiences, build up social networks in their local area and obtain advice from their health visiting team.

Get in shape starting on 17th of June from 10:00-13:00. To encourage family members to actively keep in shape through exercise and for them to become role models for younger members of the family.

How to find us.....

Burnt Ash Children and Family Centre is based at Burnt Ash Primary School.

To access the centre there is a pathway to the right of the school which leads directly to the centre. The nearest bus stop is directly outside the primary school (route 336) or there is a stop on Burnt Ash Lane served by route 261.

www.bromley.gov.uk/bromleychildrenproject

